

Sudden
Arrhythmic
Death
Syndrome
Australia

PRESS KIT

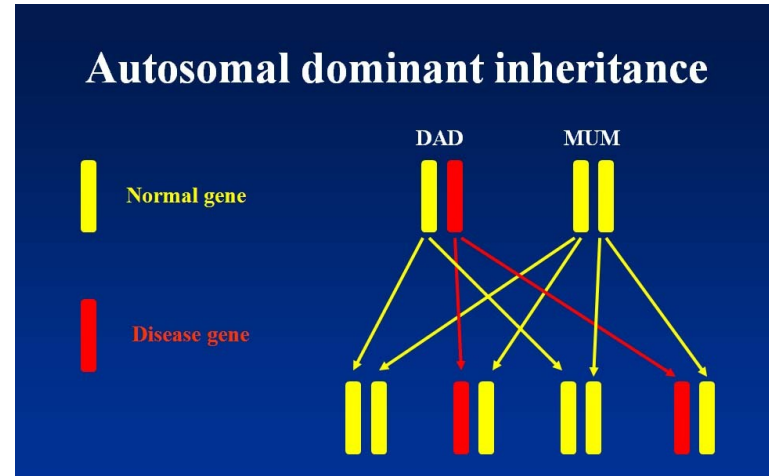
Statistics

- 8-10 a week are lost to Sudden Cardiac Death

Source: <http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/3303.0~2013~Main%20Features~Leading%20Causes%20of%20Death~10001>

- There is a minimum 50% chance of inheriting SADS if it is in the family:

Source: Prof. John Aferton



What is SADS

- Sudden Arrhythmic Death Syndrome – Heart, Cardiac
- Genetic disease which can cause instant death
- SADS covers a wide array of specific conditions (i.e. Long-QT, Marfan, HCM, SQT...)

Warning Signs

- Sudden fainting or seizure during or shortly after exercise, especially swimming
 - Triggered by emotional excitement or
 - a loud noise
 - During rest or sleep
 - Preceded by sensation of a racing heart.
- Sudden waking from sleep
 - with dizziness and/or
 - vision disturbance
 - Consistent headaches
- Consistent discomfort in the chest
 - and/or unexpected breathlessness
 - and/or dizziness
 - Abnormal tiredness after brief exercise (i.e. Walking up a hill)
- Family history of Sudden Cardiac Death
- If you have any of these symptoms, please:

Check your family history of Sudden Cardiac Death (it may show as ‘unexplained, natural, causes’) and book to see a GP or cardiac specialist to request a stress ECG or Echocardiogram.

What is SADS Australia

- A QLD charity designed to support those diagnosed and help the bereaved, as well as, to educate and work with professionals

Accomplishments

- Every cardiac patient, when having an appointment, now must have a mandatory ECG and weight to be recorded on their notes
- SADS Australia has spoken in Parliament twice and are awaiting results
- Key member for Australian and New-Zealand organisation Heart@Heart (previously TRADGY)
- Starting to become a first call for newly diagnosed and newly bereaved

Contact Details

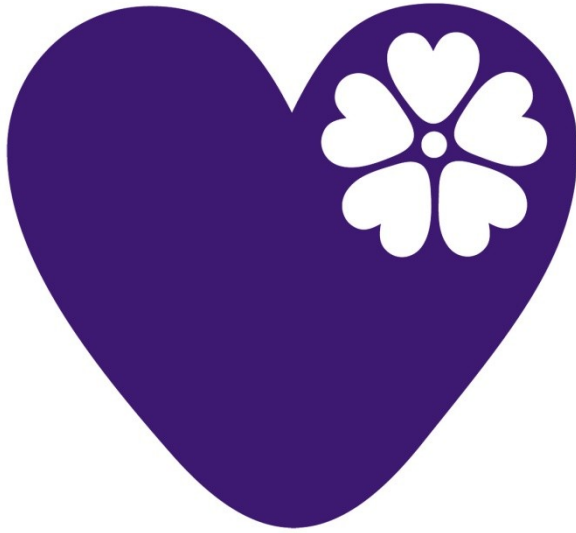
- Cheryl Fielding – CEO

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